

The Accessible Hive: Bee INDEPENDENT

“Getting Ready to Leave” checklist

Save this post or keep it on your phone

Checklist



Go **Potty**



Get **dressed**



Put on **socks**



Put on **shoes**



Grab **backpack**



Bring **water bottle**



Take **comfort item** if needed



Wait by the **door**



Done

Parent Script

Use short, calm language:

“It is time to get ready.”

“First potty, then shoes.”

“Check your list.”

“You did that step by

yourself.”

“One more step.”

“Now wait by the door.”

Teach it

How to teach this skill

Same order every time

Point to each step

Model first

Fade help slowly

Stuck?

Give one step at a time

Point instead of repeating

Use “first then”

Take a short break if overwhelmed

Come back and finish

*The goal is
independence,
one step at a time.*



Regulate • See • Try • Do • Reflect